

MEMORIAL WEST SWIM TEAM

FAMILY INFORMATION PACK 2017

Welcome to **THE SHARKS!!**



HEAD COACH

Todd Hunter toddahunter@katyisd.org

ASSISTANT COACH

Elena McInroe edm6@sbcglobal.net

COMMITTEE CHAIRS

League Rep.	Julie Swoboda	832-754-4718
League Rep.	Stephanie Parker	832-603-3554
Treasurers	Shelley Hatcher	713-417-4913
Registration	Melynda Boerm	713-858-2457

Volunteers	Nathalie Herpin-Molina	713-857-6983
Volunteer Training	Dana Weatherly	713-252-6422
Concessions	Adelia Metcalf	713-231-8011
	Colette Perez	281-497-6607
Ribbons	Monica Meeks	832-647-8727
Swim Clinics	Dana Weatherly	713-252-6422
Solicitations	Allison Whisler	281-752-7090
Directory	Ting Abbey	281-236-8119
Awards Party	Sue Lasseigne	281-496-9554
Spirit Shark	Linda Hui	504-206-8143
Photography&Buttons	Sara Long	832-876-238
Donut Coordinator	Rosanna Hinde	713-294-8344
Medals	Erica Wetherell	713-299-4632
Meet of Champs	OPEN	
Swim Suits	A-Gleam Swimwear	832-437-0392
	414 West Grand Pkwy#120	
	Katy, Tx. 77494	

PRACTICE SCHEDULE:

MAY 2th – May 22nd (Monday–Thursday):

4:00-4:45pm	experienced 7/8 only (thru May 25 th) / ALL 7/8 starting May 26 ^h
4:45-5:15pm	new 7/8 (thru May 25 th); half lappers* (starting May 26 th)
5:15-5:45pm	6 & Under
6:00-6:45pm	9/10
6:45-7:30pm	11 & Up

NO practice May 29th (Memorial Day Weekend) or June 1st (last day of school).

MAY 22nd -May 31st (Monday-Thursday)

4:00-4:45pm	ALL 7/8
4:45-5:15pm	half lappers
5:15-5:45pm	6 & Under
6:00-6:45pm	9/10
6:45-7:30pm	11 & Up

NO practice May 29th (Memorial Day Weekend) or June 1st (last day of school).

Starting Friday June 2 (Monday – Friday):

8:30-9am	half lappers *(NO practice June 2 because of Time Trials)
9-9:30am	6 & Under
9:45-10:30am	7/8
10:30-11:15am	9/10
11:15-12:00pm	11 & Up

***Parents of Half-lappers must remain during practice.**

****VBS practice: June ??? from 1:00-1:45pm for ALL ages (no half-lappers please)**

The coaches offer optional private lessons on a fee basis. Look for sign-ups at practice.

Swim Meets:

Thursday, June 8th - at home against Memorial Bend

Monday, June 12th- at home against Spring Board

Thursday, June 15th- away against Afton

Monday, June 19th -away against Heights

- **June 24th-25th at SBISD Natatorium: Meet of Champs** (for those who qualify)

Other Dates:

- Sunday, April 23th from 12-2pm: Registration Day at MWCC!
- Saturday, April 29th from 8-9:30pm: Swim Clinic at the MAC (7 & older only)
- Sunday, April 30th: Junior coach training
- Tuesday, May 2nd: First Day of Practice (everyone except half-lappers)
- Monday, May 22th: First Day of Practice for Half-lappers
- Friday, May 12th at 4:30pm: Team/Individual Photos
- Friday, June 2th: Time Trials and first morning practice(does not apply to half-lappers)
- Sunday, June 4th from 4-5pm at Memorial Forest: Training for Meet Officials/Place Judges.

GENERAL POLICIES

The Spring Branch Memorial Swim League (SBMSL) shall focus on a recreational setting, promoting sportsmanship and competition among local communities within the Spring Branch and Memorial areas.

MWCC swim team is open to the children of all homeowners in Nottingham I, II, III, and Nottingham West, as well as dues-paying members of MWCC (residents of Nottingham IV and other neighborhoods who join MWCC), who are ages 4-18 (age as of May 1, 2015). Members must have paid annual club dues and swim team fee, agreed to the league's sportsmanship policy and completed and returned the Release and Consent form for each swimmer (by May 15th).

Anyone holding a **USA card** after March 10, 2017, is ineligible to compete in the Spring Branch Memorial Swim League.

HALF-LAPPERS AND 6 & UNDER

For our youngest swimmers (ages 4-6) we have 2 options: Half-lappers and 6 & Under.

The half-lapper group is for children 6 and under who still need some assistance to complete a full lap. Swimmers need to be able to jump in the pool, put their face in the water, and swim from the wall to the first set of flags unassisted (approximately 5 yards) to participate in the half-lapper program. They do not have to have a freestyle stroke, but need to move through the water unassisted to the first set of flags (dog paddling and kicking without much use of the arms are okay). We will still have a coach in each lane to assist them as needed.

The 6 & Under group is for kids who can swim a full lap (or almost a full lap) by themselves. In order to participate in the 6 & Under group at a meet, the swimmer must be able to swim one lap of freestyle in one minute or less. The 6 & Under group swims both freestyle and backstroke during practice and meets.

Your child might start in half-lappers and advance to 6 & Under or half-lap all season long. We want that first swim team experience to be a positive one! If you have any questions, talk to the League Rep. or one of the coaches.

PRACTICE

Swimmers are expected to attend the practice time for the age group in which they will swim at meets, except when given permission by the Head Coach to attend a different practice time.

During school weeks, practice should be attended as swimmers are able. After school is out, swimmers are expected to attend all practices, but we understand some will miss for summer camps, VBS, etc. If your swimmer will miss some practices due to other

activities, but would still like to participate in that week's meet, please contact the coaches. If the coaches know your situation ahead of time, they can include your swimmer in meet events.

Practice is the time coaches need to focus their attention on the swimmers! Parents, please keep this in mind. If you HAVE to talk to the coach in person, please call them outside of practice time.

Our coaches can be the most effective if they are **not also babysitting swimmers' siblings!** Do not expect the coaches to take care of your other children; please attend to them yourself. This applies to practice times, private lessons and stroke clinics. Do not ask them, "Is it OK if I leave little Joey here for a few minutes?" The coach contract does not cover babysitting duty.

MEETS

An email will be sent at least 2 days prior to a meet listing those who have indicated they will not be in attendance. If your swimmer(s) are not on this list and will not be in attendance, you need to reply to the email immediately. If your swimmer(s) are on this list in error and actually will be in attendance, please reply with the correction. **It is unacceptable to no-show at a meet or leave before your swimmer has competed in all his/her assigned races.** Our coaches work very hard to prepare competitive and fair heat sheets under conference by-laws, and it is impossible for them to do a fair job recreating the sheets under last minute conditions. If you unexpectedly must miss a meet at the last minute, please call the coaches or league reps on their cell phones.

All meets begin at 6:00pm. Coaches will advise swimmers when to arrive at each meet depending on our warm-up time. Directions for away meets will be sent by email. The team parent for each age group will be present; you do not need to stay with your swimmer during warm-ups except for half-lappers.

Swimmers should bring a towel, healthy snacks, and some entertainment for long waits (ex: cards, books, games). Please make sure that all of your child's belongings are labeled! Parents must bring their own lawn chairs.

Only meet officials are allowed on deck during meets. Parents, please sit in designated areas only, whether at home or away. Any "unofficial" person will be asked to leave.

Swimmers, please remain with your age group until all your events are completed. Then, please clean up around your spot before leaving.

RAIN OUTS

Certainly we'd all agree our children's lives and safety are much more important than any swim meet. When bad weather hits, it is hard to reschedule meets. Some kids will not be available to swim on the new date, so it's frustrating and disappointing. However, when

we have to make a call on a meet or practice, we will err on the side of safety. When stormy weather strikes, let's keep life and safety our #1 priority.

We will send an email with weather related updates. But remember - Houston weather conditions change fast, so stay in touch. The league has set **Tuesdays and Saturdays** as the designated rain dates for meets.

VOLUNTEERING

The swim season at Memorial West is a success year after year because of the high level of commitment our parents have to their children! All you wonderful parent volunteers run our program. Without you, we would be unable to have a swim season at all! **Each family is required to work at two to three events.**

Some volunteer jobs require special training. These jobs include Meet Director, Starter, Place Judge, Stroke Judge, and Touch/Turn Judge. **The training will be held on Sunday, June 8th from 4-5pm at Memorial Forest Club.** We need several people trained for each of these positions, so please consider attending the training session. Even if you have trained in the past, the league requests that you attend again.

The volunteer assignments will be made by the Volunteer Coordinators and will be sent by email prior to the meet. It is your responsibility to check your email and be familiar with the requirements of your job. All job descriptions are detailed in another document if you need to view them.

If at any time you find you will be unable to fulfill your assignment, **YOU** must arrange a substitute or trade off, and let one of the Volunteer Coordinators know well in advance of the event. The coordinators do not just work 2-3 events, they work them all, and we owe it to them to keep them up to date so their job runs smoothly.